

# Long Term Monitoring-EEG My Hospital Story

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I am getting ready for my visit to Morgan Stanley Children's Hospital.



This is the front desk where I will check in to the hospital.



These are the elevators that I will take to the 6<sup>th</sup> floor. The 6<sup>th</sup> floor is called 6 Tower and it is where I will stay for my EEG.



When I get to 6<sup>th</sup> floor I will check in at this desk. A friendly person, called a unit assistant will give me a bracelet with my name on it.



After I have checked in, I might have time to go in the playroom where I can choose toys and games to bring to my room.



When my room is ready, I will meet the EEG technician. I will also meet some nurses and doctors.



Next, my caregiver will help me put on special hospital pajamas, or pajamas with a button down shirt that we brought from home.



Next my nurse who will take care of me will ask my caregivers some questions about me. I will have a few different nurses while I stay at the hospital.



The nurse will check my temperature with a thermometer. The nurse will place the thermometer in my mouth or under my arm.



The nurse will check my blood pressure. The nurse will wrap a piece of cloth around my arm. The cloth will feel tight, like a hug.





The nurse or doctor will listen to my chest with a stethoscope. This is so they can hear how my heart is working. It might feel a little cold which is okay.



I might need to stand on a scale. This will show how tall I am and how much I weigh.



When it is time for the EEG, I can choose to have my EEG done in the room I am staying in . . .



or I can choose to go to a special room that looks like this. This room is called the treatment room



A technologist will arrive with her cart of materials. She will tell me what it is like to have the electrodes (or small gold disks with long colorful wires) placed on my head.



I also might meet a Child Life Specialist. She can find me something fun to do while I lay still for my EEG. She can also help me understand what will happen during my EEG.

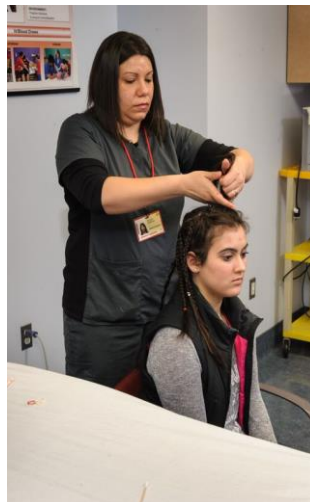




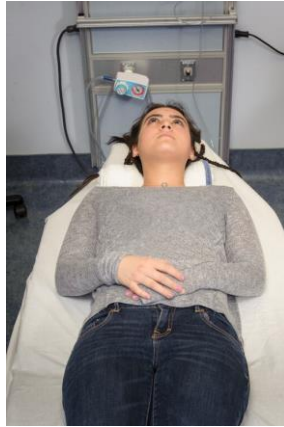
I can have something special with me from home during my EEG, like a stuffed animal or a favorite toy.



If my caregiver wants, the technician can braid my hair. This can make it easier to place the electrodes on my head.



During the EEG, I will have to lay flat on the bed.  
The technician will stand by my head.  
It is my job to remember to stay still the whole time.



If it is hard for me to stay still, the technologist might wrap my body in a sheet to help remind me. If this happens, it is okay. I will still be safe.



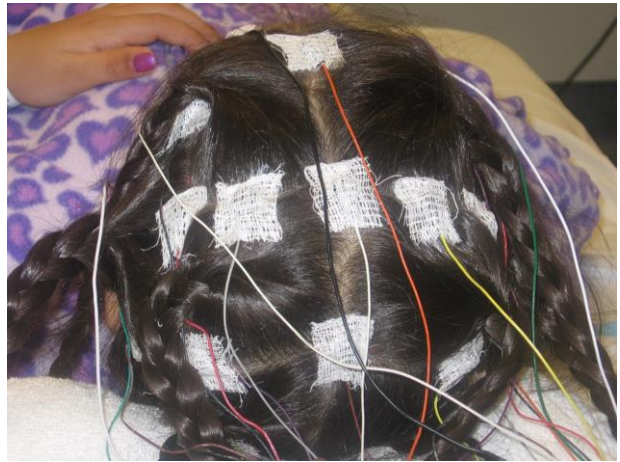
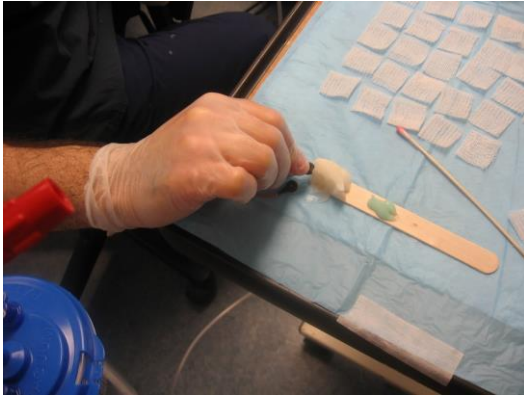
First, the technologist will use a tape measure to see how big or small my head is.



Second, the technologist will draw dots on my head with a soft crayon to mark where the electrodes will go.



Third, the technologist will put a small piece of gauze on top of each electrode. The technologist will use a special glue to put the electrodes on my head. The glue has a strong smell, but when it dries, the smell goes away.



The technologist will dry the glue with an air blower. You might think it sounds or feels like a hair dryer. If you want, we can blow air on your hand first. That way, you'll know how the blower will feel on your head.



The electrodes will be plugged in to a small computer. It will fit inside a small backpack that I can wear. The technician will have a backpack for me to use.



Once all of the electrodes are on, the technician will put a soft cloth hat on my head to keep the electrodes and wires in the right place.





My caregiver and I may stay in the hospital for one night, or a few nights. The doctors will decide how long I need to stay when they visit me in my room.



Congratulations You Have Finished Your EEG

